

**Storyboard learning points: Health, safety and well-being**

The Health, safety and well-being storyboards in this section relate to the following learning points. You can find out more about the Health, safety and well-being learning points in the Getting familiar with Health, safety and well-being area.

<b>Storyboard title</b>	<b>Health, safety and well-being learning point</b>
Delivery dilemmas Stacking safety Stock room stress Clean up confusion	LP 1: Understand what health, safety and well-being is and why it is important (including the importance of individual responsibility, attitude and behaviour).
Delivery dilemmas Stock room stress	LP 2: Explore the importance of mental well-being and the causes and prevention of stress.
Stacking safety	LP 3: Determine what musculoskeletal disorders (MSDs) are, the factors that can cause them and how risks can be reduced.
Clean up confusion	LP 4: Highlight the importance of looking after the skin (with particular reference to the issues of dermatitis and skin cancer).
Clean up confusion	LP 5: Establish the seriousness of slips, trips and falls, the factors that contribute to them and how they can be prevented.