

Re-write each of the examples below as a SMART target.

- Improve your time-keeping.
- Get better at asking questions.
- Be more co-operative in group activities.
- Respond appropriately to staff when you arrive in the morning.
- Show that you can keep your temper.
- Keep off the booze!
- Continue working on your reading.
- Take the lead more often.
- Show more positive motivation.
- Make an effort to get on better with Spike.